EMPLOYEE RIGHTS UNDER THE FAIR LABOR STANDARDS ACT

ENFORCEMENT

The Department has authority to recover back wages

and an equal amount in liquidated damages in instances

of minimum wage, overtime, and other violations. The

Department may litigate and/or recommend criminal

prosecution. Employers may be assessed civil money

penalties for each willful or repeated violation of the

minimum wage or overtime pay provisions of the law

of the FLSA's child labor provisions. Heightened civil

money penalties may be assessed for each child labor

violation that results in the death or serious injury of

any minor employee, and such assessments may be

any proceeding under the FLSA.

ADDITIONAL INFORMATION

doubled when the violations are determined to be willful

discharging workers who file a complaint or participate in

or repeated. The law also prohibits retaliating against or

Certain occupations and establishments are

apply to the pump at work requirements

exempt from the minimum wage, and/or overtime

pay provisions. Certain narrow exemptions also

Special provisions apply to workers in American

protections; employers must comply with both.

Some employers incorrectly classify workers as

employees under the FLSA. It is important to

know the difference between the two because

employees (unless exempt) are entitled to

the FLSA's minimum wage and overtime pay

Certain full-time students, student learners,

protections and correctly classified independent

apprentices, and workers with disabilities may be

paid less than the minimum wage under special

certificates issued by the Department of Labor.

For questions or to report a violation, contact the DLR

Division of Labor and Management, Wage and Hour

or remarries. They must be under 18, under 22 if full-time

students, or incapable of self-support. If any of the children

are not in the custody of the spouse at the employee's death

(and the spouse is eligible for benefits), half the benefit goes

dependent child of the deceased employee from the date of

employee's death until the child is 18. If dependents attend

accredited South Dakota post-secondary schools, they can

receive up to \$2,000 a year towards their education for five

expenses plus the cost of transporting the body if death

D. Rate of Compensation

The employer or insurer must also pay up to \$10,000 in burial

occurs outside the community where the employee is to be

As of July 1, 2025, weekly compensation is two-thirds of the

at straight time pay) up to a maximum of \$1,108 per week

average weekly wage is less than \$554 In that instance,

the amount of the employee's average weekly wage, less

standard deductions, is paid as compensation. This rate is

disability, permanent partial disability, permanent total

Immediately upon occurrence of an injury, or as soon as

give or cause to be given a written notice of injury to the

employer. Written notice shall be provided no later than

three business days after occurrence. No compensation will

be paid unless written notice is given within three business

Labor and Regulation. Therefore, the employee shall not be

days, unless reasonable excuse is made to the Department of

entitled to reimbursement of any medical practitioner's fee or

any compensation which may have accrued prior to the time

of giving notice, unless either of the following can be shown:

representative, had knowledge of the injury or death

The employer was given written notice after the date

failing to give written notice within the three business-

of the injury and the employee had good cause for

day period, which determination shall be liberally

If an employee is entitled to benefits and does not receive

them within 20 days, direct contact should be made to the

The employee must also inform his/her medical practitioner

Every employer coming under the provisions of this title shall

his employees in the course of their employment. The record

shall be completed within seven days, not counting Sundays

and legal holidays, after any employer has knowledge of

the occurrence of an injury. The record shall be on a form

approved by the Department of Labor and Regulation. The

employer shall preserve the record for a period of at least

If an employer is authorized to self-insure, a written report

shall be made to the Department of Labor and Regulation

within seven days, not counting Sundays and legal holidays,

after any employer coming under the provisions of this title

has knowledge of the occurrence of an injury which requires

Failure to comply may result in a fine of \$100. The employer

medical treatment other than minor first aid or which

incapacitates the employee for a period of at least seven

must also report the injury to its case management plan

The insurer is required to send a copy of the injury report

The insurer (or the employer if self-insured) shall make an

and the Department of Labor and Regulation in writing

within 20 days if denying liability for the reported injury

in whole or in part. This period may be extended up to 30

additional days if approved by the Department of Labor and

Regulation. Failure to comply may result in a \$100 fine. The

insurer or self-insurer who denies liability in whole or in part

must state the reasons and notify the claimant of the right to

If the claim is denied, the injured employee has two years

from the date of notification from the insurer or self-insurer

to file a Petition for Hearing with the Department of Labor

If the employer/insurer and the injured employee do not

may request the Department to conduct a mediation.

agree as to compensability in whole or in part, either party

To report fraudulent collection of workers' compensation

If an employer fails to provide workers' compensation

coverage under the provisions of South Dakota law, an

may proceed against the employer in an action at law to

recover damages for the personal injury or death, or may

the provisions of the workers' compensation law as if the

elect to proceed against the employer in circuit court under

employer had elected to operate thereunder. The measure

of benefits for the employee shall be all medical expenses

and twice the amount of disability or death compensation

Our state's workers' compensation law is administered by

the Division of Labor and Management of the Department

employee for a period of at least seven calendar days must

Calculation of Compensation (Form DLR-LM- 110)

SOUTH DAKOTA DEPARTMENT OF LABOR AND REGULATION

Monthly Payment Reports (Form DLR-LM-107)

Payment for Rehabilitation (Form DLR-LM-113)

Office Hours: Monday-Friday, 8 a.m. to 5 p.m. (Central time)

Visit dlr.sd.gov and click on the Workers' Compensation

Auxiliary aids and services available upon request to

individuals with disabilities. State and federal laws require

the Department of Labor and Regulation to provide services

REV. 06/2025

to all qualified persons without regard to race, color, creed,

religion, age, sex, ancestry, political affiliation or belief,

Contact the Division of Labor and Management at:

be reported to the Division. In addition, the insurer or self-

of Labor and Regulation. All work-related injuries and

occupational diseases which require medical treatment, other than minor first aid, or which incapacitate the

injured employee or the dependents of a deceased employee

IX. Lack of Insurance or Self-Insurance

benefits contact the Department of Labor and Regulation,

investigation of the claim and notify the injured employee

Failure to comply may result in a fine of \$100.

to the Department of Labor and Regulation within 10 days.

keep a record of all injuries, fatal or otherwise, sustained by

about which case management plan his employer uses.

The employer, or the employer's agent or

construed in favor of the employee

V. Requirements of Employer

four years from the date of injury.

within 24 hours of the injury

VI. Requirements of Insure

VII. Mediation

VIII. Fraud

Lawyers are not required.

allowed under the law

insurer must file the following

MISSOURI RIVER PLAZA

123 W. MISSOURI AVE.

PHONE: 605.773.3681

Fax: 605.773.4211

national origin, or disability.

PIERRE SD 57501

practicable, an injured employee (or a representative) shall

disability, rehabilitation and death benefits.

IV. Requirements of Employee

effective through June 30, 2026. The foregoing amounts are

used to calculate temporary total disability, temporary partial

The minimum compensation is \$554 unless the employee's

employee's average weekly wage (including overtime hours

to the spouse, the other half to the non-custodial children

In addition to the above-mentioned weekly benefits, an

additional \$50 per month must be paid to each legally

"independent contractors" when they are actually

Mariana Islands, and the Commonwealth of Puerto

Samoa, the Commonwealth of the Northern

Some state laws provide greater employee

Civil money penalties may also be assessed for violations

FEDERAL MINIMUM WAGE \$7.25 PER HOUR **BEGINNING JULY 24, 2009**

The law requires employers to display this poster where employees can readily see it.

At least 1½ times the regular rate of pay for all hours worked over 40 in a workweek.

CHILD LABOR An employee must be at least 16 years old to work in most non-farm jobs and at least 18 to work in non-farm jobs declared hazardous by the Secretary of Labor. Youths 14 and 15 years old may work outside school hours in various non-manufacturing, non-mining, non-hazardous

jobs with certain work hours restrictions. Different rules apply in agricultural employment. Employers of "tipped employees" who meet certain conditions may claim a partial wage credit based on tips received by their employees. Employers must pay tipped

employees a cash wage of at least \$2.13 per hour if they claim a tip credit against their minimum wage obligation. If an employee's tips combined with the employer's cash wage of at least \$2.13 per hour do not equal the minimum hourly wage, the employer must make up the

The FLSA requires employers to provide reasonable break time for a nursing employee to express breast milk for her nursing child for one year after the child's birth each time the employee needs to express breast milk. Employers must provide a place, other than a bathroom, that is shielded from view and free from intrusion from coworkers and the public, which may be used by the employee to express breast milk.

DEPARTMENT OF LABOR UNITED STATES OF



WAGE AND HOUR DIVISION

1-866-487-9243 www.dol.gov/agencies/whd



REV. 04/2023

SD

MINIMUM WAGE

2026 South Dakota Minimum Wage Requirement \$11.85/Hour

Office at:

Department of Labor and Regulation

See SDCL 60-11-3 and 60-11-3.2. Employers with tipped employees must pay a cash wage of no less than \$5.925 per hour, which is no less than 50% of the state minimum wage. See SDCL 60-11-3.1. South Dakota state minimum requirements apply

123 W. MISSOURI AVE. to all employees; however, no minimum wage Phone: 605.773.3681 requirements apply to independent contractors. Additional information from the South Dakota Department of Labor and Regulation

available at dlr.sd.gov/employment_laws.

NOTICE: This state has its own minimum wage law. Employers are also required to display the federal Employee Rights Under the Fair Labor Standards Act posting, which indicates the federal minimum wage. Where federal and state rates both apply to an mployee, the U.S. Department of Labor dictates that the employee is entitled to the higher minimum wage rate. THIS NOTICE IS FOR INFORMATIONAL PURPOSES ONLY.

Department of Labor and Regulation

Summary of Workers' Compensation Law Guide to Workers' Compensation Law in South Dakota July 1, 2025 to June 30, 2026

SOUTH DAKOTA DEPT. OF LABOR & REGULATION dlr.sd.gov The Division of Labor and Management, South Dakota Department of Labor and Regulation has summarized the basic

provisions of our state's workers' compensation law. However, the information contained in this brochure is general in nature and is not intended as a substitute for legal advice. Changes in the law or specific facts of a case may result in legal interpretations different from those presented here. Anyone having further questions should contact the Division equal shares of Section III-D compensation if the spouse dies

Workers' compensation is an insurance program that pays medical and disability benefits for work-related injuries and diseases. Workers' compensation protects both employees and employers. Each covered employee has a right to benefits if injured on the job. In return, he or she forfeits the right to sue the employer for job-related injuries. South Dakota law permits all employers to provide coverage

rather than assume direct liability for workplace injuries. Thus, most employers obtain coverage by purchasing an insurance policy. Those employers that do not must prove they are financially secure enough to pay full benefits for any injuries to employees. These self-insurers are certified and regulated by the Department of Labor and Regulation. II. Non-covered Employees

The following employees are exempt:

more than 20 hours in any calendar week and for more than six weeks in any 13-week period Farm or agricultural laborers

Domestic servants, unless working for an employer for

One whose employment is not in the usual course of the trade, business, occupation or profession of the employer (independent contractor). This includes real estate brokers and owner operators of trucks who are certified as exempt by the Departmen Certain elected officials of the state or any subdivision of state government Workfare participants

Benefits are not allowed when injury is due to willful misconduct, intoxication, illegal use of drugs or failure to use a furnished safety appliance. A false representation as preclude awarding of benefits.

to health at the time of obtaining employment may also The employer or insurance carrier must furnish necessary first aid and medical, surgical and hospital services, including artificial members and body aids. Prosthetic devices, if damaged, are considered an injury. Repair or replacement of

hearing aids, eye glasses, contact lenses and dentures must also be furnished if damaged or destroyed in an accident which caused bodily injury compensable under the law. Medical services will be subject to a fee schedule and in no case may a health care provider charge a higher price to an injured worker who is eligible for workers' compensation The employee has the right to make the initial selection of

a medical practitioner (defined as a licensed health care provider) and must notify the employer of this selection prior to treatment or as soon as reasonably possible after treatment has been provided. The employee must obtain written permission from the employer or insurer before changing health care practitioners. The employee may obtain a second opinion at his or her own expense. The employer also has the right to a second opinion. Services may also be regulated by the insurer's designated managed care plan. Travel, lodging and meal costs incurred as a result of securing necessary medical treatment are also compensable in certain instances. Generally such expenses will only be allowed if an employee is required to travel to obtain medical treatment. The Division of Labor and Management should be contacted

B. Disability Benefits State law provides for a series of benefits during the period of disability. Failure to make payment within 10 days of the date due may result in a penalty of 10 percent of the unpaid

amount. The disability benefits are as follows: Temporary total disability – An employee who cannot work because of work-related injury or disease is eligible for temporary total disability benefits. Generally this inability to work must be confirmed by a medical practitioner.

Payment is not made for lost work time unless an employee is incapacitated for seven consecutive days. If the incapacity lasts for seven consecutive days or more, compensation is then computed from the date of injury. Payments continue until a medical practitioner releases the employee for return to work or determines that the employee's condition has reached a point of maximum improvement. The weekly rate for temporary disability payments is set forth in Section III-D. Temporary partial disability - If a medical practitioner allows an employee who is still recovering from an injury or disease to return to part-time or modified work, and if the employee receives a bona fide job offer, and if the employee is receiving less than his or her usual earnings, the employee

may be entitled to temporary partial disability benefits. These benefits are computed on the basis of one-half the difference between the average amount earned before the injury and the average amount the employee is earning or able to earn in some suitable employment after the injury. The amount of compensation allowed for temporary partial disability cannot exceed the maximum in Section III-D. The total compensation for earnings and workers' compensation may not be less than the amount received for temporary total disability, unless the employee refuses suitable employment. These benefits are payable until the employee is returned to full employment or

Permanent partial disability – If an injury or illness results in impairment of certain members of the body, an employee may be entitled to permanent partial disability benefits. Benefits are computed by applying a determination of the employee's percentage of impairment to the number of weeks designated in the table below for full disability of that body part. This number of weeks is then multiplied by the compensation rate as set forth in Section III-D. Payments are made on a weekly or bi-weekly basis unless a lump sum payment is allowed by the Division

Weeks Loss 50 35 First or index finger 30 20 ourth or little finge 15 30 Great toe Any other toe 10 150 200 125 160 150 learing one ear 50 Hearing both ears

For permanent disability from back injury or others not specifically listed above, compensation is for that proportion of 312 weeks which is represented by the percentage that such permanent partial disability bears to the body as a

Permanent total disability – An employee who is totally and permanently disabled in terms of occupational capacity, or can no longer perform services of any kind, extent and quality for which a reasonably stable labor market exists, may be entitled to compensation at the weekly rate set forth in Section III-D during the entire period of disability. In addition, cost of living adjustment is provided. The benefits may, however, be subject to review by the Department. **Rehabilitation** – An employee suffering disablement from

an occupational disease or an injury, and unable to return to his/her usual and customary line of employment, is entitled to receive disability compensation at the rate provided by Section III-D during the period he or she is engaged in a program of rehabilitation which is reasonably necessary for on to suitable, substantial and gainful employmen An injured employee desiring rehabilitation services should contact the Division of Labor and Management for further

C. Death Benefits

If an injury causes death, compensation is payable to the employee's spouse at the rate of compensation shown in Section III-D for life or until remarriage. In the case of remarriage, a sum equal to two years of compensation will be paid to the spouse. Surviving children are eligible to receive

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LABOR

LAWS

Your Employee Rights Under the Family and Medical Leave Act

What is FMLA leave? The Family and Medical Leave Act (FMLA) is a federal law that provides eligible employees with **job**protected leave for qualifying family and medical reasons. The U.S. Department of Labor's Wage and Hour

Eligible employees can take **up to 12 workweeks** of FMLA leave in a 12-month period for: The birth, adoption or foster placement of a child with you,

Your serious mental or physical health condition that makes you unable to work,

To care for your spouse, child or parent with a serious mental or physical health condition, and Certain qualifying reasons related to the foreign deployment of your spouse, child or parent who is a military servicemember.

An eligible employee who is the spouse, child, parent or next of kin of a covered servicemember with a serious injury or illness may take up to 26 workweeks of FMLA leave in a single 12-month period to care You have the right to use FMLA leave in one block of time. When it is medically necessary or otherwise

provided paid leave if your employer's paid leave policy covers the reason for which you need FMLA leave.

permitted, you may take FMLA leave intermittently in separate blocks of time, or on a reduced **schedule** by working less hours each day or week. Read Fact Sheet #28M(c) for more information. FMLA leave is **not paid leave**, but you may choose, or be required by your employer, to use any employer-

Am I eligible to take FMLA leave? You are an **eligible employee** if **all** of the following apply:

Division (WHD) enforces the FMLA for most employees.

You work for a covered employer, You have worked for your employer at least 12 months,

You have at least 1,250 hours of service for your employer during the 12 months before your leave,

Your employer has at least 50 employees within 75 miles of your work location. Airline flight crew employees have different "hours of service" requirements.

You work for a **covered employer** if **one** of the following applies: You work for a private employer that had at least 50 employees during at least 20 workweeks in the

current or previous calendar year, You work for an elementary or public or private secondary school, or You work for a public agency, such as a local, state or federal government agency. Most federal

employees are covered by Title II of the FMLA, administered by the Office of Personnel Management.

How do I request FMLA leave?

Generally, to request FMLA leave you must: Follow your employer's normal policies for requesting leave,

Give notice at least 30 days before your need for FMLA leave, or If advance notice is not possible, give notice as soon as possible.

You do not have to share a medical diagnosis but must provide enough information to your employer so they can determine whether the leave qualifies for FMLA protection. You must also inform your employer if FMLA leave was previously taken or approved for the same reason when requesting additional leave. Your employer may request certification from a health care provider to verify medical leave and may

The FMLA does not affect any federal or state law prohibiting discrimination or supersede any state or local law or collective bargaining agreement that provides greater family or medical leave rights. State employees may be subject to certain limitations in pursuit of direct lawsuits regarding leave for their own serious health conditions. Most federal and certain congressional employees are also covered by the law but are subject to the jurisdiction of the U.S. Office of Personnel Management or Congress.

If you are eligible for FMLA leave, your **employer must**:

request certification of a qualifying exigency.

What does my employer need to do?

Allow you to take job-protected time off work for a qualifying reason,

Continue your group health plan coverage while you are on leave on the same basis as if you had not Allow you to return to the same job, or a virtually identical job with the same pay, benefits and other

working conditions, including shift and location, at the end of your leave. Your employer cannot interfere with your FMLA rights or threaten or punish you for exercising your rights under the law. For example, your employer cannot retaliate against you for requesting FMLA leave or

cooperating with a WHD investigation. After becoming aware that your need for leave is for a reason that may qualify under the FMLA, your employer must confirm whether you are eligible or not eligible for FMLA leave. If your employer determines that you are eligible, your employer must notify you in writing:

About your FMLA rights and responsibilities, and How much of your requested leave, if any, will be FMLA-protected leave.

Where can I find more information? Call 1-866-487-9243 or visit dol.gov/fmla to learn more.

If you believe your rights under the FMLA have been violated, you may file a complaint with WHD or file a private lawsuit against your employer in court. **Scan the QR code to learn about our WHD complaint**

DEPARTMENT OF LABOR UNITED STATES OF AMERICA **WAGE AND HOUR DIVISION** UNITED STATES DEPARTMENT OF LABOR



REV. 04/2023

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EMPLOYEE RIGHTS EMPLOYEE POLYGRAPH PROTECTION ACT

The Employee Polygraph Protection Act prohibits most private employers from using lie detector tests either for pre-employment screening or during the course of employment.

Employers are generally prohibited from requiring or requesting any employee or job applicant to take a lie detector test, and from discharging, disciplining, or discriminating against an employee or prospective employee for refusing to take a test or for exercising other rights under the Act.

Federal, State and local governments are not affected by the law. Also, the law does not apply to tests given by the Federal Government to certain private individuals engaged in national security-related activities. The Act permits polygraph (a kind of lie detector) tests to be administered in the private sector, subject to restrictions, to certain prospective employees of security service firms (armored car, alarm, and guard), and of pharmaceutical manufacturers, distributors and dispensers.

The Act also permits polygraph testing, subject to restrictions, of certain employees of private firms who are reasonably suspected of involvement in a workplace incident (theft, embezzlement, etc.) that resulted in economic loss to the employer. The law does not preempt any provision of any State or local law or any collective bargaining agreement

which is more restrictive with respect to lie detector tests. Where polygraph tests are permitted, they are subject to numerous strict standards concerning the conduct and length of the test. Examinees have a number of specific rights, including the right to a

written notice before testing, the right to refuse or discontinue a test, and the right not to have test results

ENFORCEMENT The Secretary of Labor may bring court actions to restrain violations and assess civil penalties against

violators. Employees or job applicants may also bring their own court actions. THE LAW REQUIRES EMPLOYERS TO DISPLAY THIS POSTER WHERE EMPLOYEES AND JOB

APPLICANTS CAN READILY SEE IT.

DEPARTMENT OF LABOR UNITED STATES OF

SD

disclosed to unauthorized persons.

WAGE AND HOUR DIVISION UNITED STATES DEPARTMENT

1-866-487-9243 www.dol.gov/agencies/whd



Department of Labor and Regulation

Notice to Employees: Availability of Unemployment Compensation Employees in this establishment are covered under To file a claim online, visit sd.gov/rabenefits the South Dakota Reemployment Assistance (RA) 24 hours a day, seven days a week. law. Benefits are available to workers who become To file a claim by phone, call the Claims Call Cente unemployed or whose working hours are reduced to at 605.626.3179, Monday through Friday, 8 a.m. to

4:20 p.m. (Central Time). Applicants with speech or

hearing impairments can call 711 or 800.877.1113. You will need to provide the following information

for DLR to process your claim: Full legal name Social Security Number

Driver's license number or State ID number Employment history for the last 18 months

Authorization to work (if you are not a U.S.

605.626.2452, email DLRRAClaims@state.sd.us, or log in to your account.

IN A VISIBLE PLACE.

PLEASE POST THIS NOTICE

less than full-time, if they are:

Available for full-time work, and

Meet certain eligibility requirements.

to accept suitable work may be denied benefits.

You may file an RA claim in the first week

employment ends or hours are reduced.

Employees who voluntarily quit without good cause,

are discharged or suspended for misconduct, or refuse

Able to work,

& REGULATION

If you have questions about the status of your RA claim, you can call the Customer Service Center at

SOUTH DAKOTA REEMPLOYMENT ASSISTANCE DIVISION DEPT. OF LABOR 420 S ROOSEVELT ST PO Box 4730 **ABERDEEN, SD 57402-4730**

REV. 02/2024

SD

Department of Labor and Regulation

Safety on the Job

OGETHER E VERYONE **A** CHIEVES **M** ORE

BE PART OF THE **SAFETY TEAM**

FED

U.S. Equal Employment Opportunity Commission **Know Your Rights: Workplace Discrimination is Illegal**

The U.S. Equal Employment Opportunity Commission (EEOC) enforces Federal laws that protect you from discrimination in employment. If you believe you've been discriminated against at work or in applying for a job, the EEOC may be able to help.

Who is Protected?

Employees (current and former), including managers and temporary

Job applicants Union members and applicants for membership in a union What Types of Employment Discrimination are Illegal?

- Under the EEOC's laws, an employer may not discriminate against you, regardless of your immigration status, on the bases of:
- Sex (including pregnancy, childbirth, and related medical conditions, sexual orientation, or gender identity) Age (40 and older)
- Disability Genetic information (including employer requests for, or purchase, use, or disclosure of genetic tests, genetic services, or family medical history)
- Retaliation for filing a charge, reasonably opposing discrimination, or participating in a discrimination lawsuit, investigation, or proceeding Interference, coercion, or threats related to exercising rights regarding disability discrimination or pregnancy accommodation
- What Organizations are Covered? Most private employers

State and local governments (as employers)

- Educational institutions (as employers) Staffing agencies
- What Employment Practices can be Challenged as Discriminatory?
- All aspects of employment, including:
- Discharge, firing, or lay-off
- Harassment (including unwelcome verbal or physical conduct)
- Hiring or promotion Assignment
- Pay (unequal wages or compensation) Failure to provide reasonable accommodation for a disability; pregnancy, childbirth, or related medical condition; or a sincerely-held religious belief,
- observance or practice Job training Classification
- Obtaining or disclosing genetic information of employees Requesting or disclosing medical information of employees Conduct that might reasonably discourage someone from opposing discrimination, filing a charge, or participating in an investigation or

exercising their rights, or someone assisting or encouraging someone else to exercise rights, regarding disability discrimination (including accommodation) or pregnancy accommodation What can You Do if You Believe Discrimination has Occurred?

Contact the EEOC promptly if you suspect discrimination. Do not delay, because

You have the right to be reemployed in your civilian job if you leave that

you have five years or less of cumulative service in the uniformed

you return to work or apply for reemployment in a timely manner

uniformed service;

promotion; or

you have not been separated from service with a disqualifying

discharge or under other than honorable conditions.

If you are eligible to be reemployed, you must be restored to the job

In addition, an employer may not retaliate against anyone assisting

in the enforcement of USERRA rights, including testifying or making a

statement in connection with a proceeding under USERRA, even if that

job to perform service in the uniformed service and:

services while with that particular employer;

military service or, in some cases, a comparable job.

are a past or present member •

of the uniformed service;

have applied for membership

in the uniformed service; or

then an employer may not deny you:

retention in employment;

person has no service connection.

initial employment;

reemployment;

because of this status.

Conduct that coerces, intimidates, threatens, or interferes with someone

there are strict time limits for filing a charge of discrimination (180 or 300 days, depending on where you live/work). You can reach the EEOC in any of the following **Submit** an inquiry through the EEOC's public portal: https://publicportal.eeoc.gov/Portal/Login.aspx 1-800-669-4000 (toll free) 1-800-669-6820 (TTY)

Additional information about the EEOC, including information about filing a charge of discrimination, is available at www.eeoc.gov.

1–844–234–5122 (ASL video phone)

an EEOC field office (information at

www.eeoc.gov/field-office)

info@eeoc.gov

REEMPLOYMENT RIGHTS

notice of your service;

after conclusion of service; and

FED



EMPLOYERS HOLDING FEDERAL CONTRACTS OR

SUBCONTRACTS The Department of Labor's Office of Federal Contract Compliance Programs (OFCCP) enforces the nondiscrimination and affirmative action commitments of companies doing business with the Federal Government. If you are applying for a job with,

or are an employee of, a company with a Federal contract or subcontract, you are protected under Federal law from discrimination on the following bases: Race, Color, Religion, Sex, Sexual Orientation, Gender Identity, **National Origin**

Executive Order 11246, as amended, prohibits employment discrimination by

Federal contractors based on race, color, religion, sex, sexual orientation, gender

identity, or national origin, and requires affirmative action to ensure equality of opportunity in all aspects of employment. **Asking About, Disclosing, or Discussing Pay** Executive Order 11246, as amended, protects applicants and employees of Federal

contractors from discrimination based on inquiring about, disclosing, or discussing their compensation or the compensation of other applicants or employees. Section 503 of the Rehabilitation Act of 1973, as amended, protects qualified individuals with disabilities from discrimination in hiring, promotion, discharge, pay, fringe benefits, job training, classification, referral, and other aspects of employment

by Federal contractors. Disability discrimination includes not making reasonable

accommodation to the known physical or mental limitations of an otherwise

qualified individual with a disability who is an applicant or employee, barring undue hardship to the employer. Section 503 also requires that Federal contractors take affirmative action to employ and advance in employment qualified individuals with disabilities at all levels of employment, including the executive level.

The Vietnam Era Veterans' Readjustment Assistance Act of 1974, as amended, 38

U.S.C. 4212, prohibits employment discrimination against, and requires affirmative

action to recruit, employ, and advance in employment, disabled veterans, recently separated veterans (i.e., within three years of discharge or release from active duty), active duty wartime or campaign badge veterans, or Armed Forces service medal

Retaliation is prohibited against a person who files a complaint of discrimination, participates in an OFCCP proceeding, or otherwise opposes discrimination by

Federal contractors under these Federal laws. Any person who believes a contractor has violated its nondiscrimination or affirmative action obligations under OFCCP's authorities should contact

The Office of Federal Contract Compliance Programs (OFCCP) U.S. Department of Labor

200 Constitution Avenue, N.W.

Washington, D.C. 20210

1-800-397-6251 (toll-free) If you are deaf, hard of hearing, or have a speech disability, please dial 7–1–1 to access telecommunications relay services. OFCCP may also be contacted by submitting a question online to OFCCP's Help Desk at https://ofccphelpdesk.dol.gov/s/, or by calling an OFCCP regional or district office, listed in most telephone directories under U.S. Government, Department of Labor and on OFCCP's "Contact Us" webpage at https://www.dol.gov/agencies/ofccp/contac

PROGRAMS OR ACTIVITIES RECEIVING FEDERAL

FINANCIAL ASSISTANCE Race, Color, National Origin, Sex In addition to the protections of Title VII of the Civil Rights Act of 1964, as amended, Title VI of the Civil Rights Act of 1964, as amended, prohibits discrimination on the basis of race, color or national origin in programs or activities receiving Federal financial assistance. Employment discrimination is covered by Title VI if the primary objective of the financial assistance is provision of employment, or where employment discrimination causes or may cause discrimination in providing

prohibits employment discrimination on the basis of sex in educational programs or activities which receive Federal financial assistance. **Individuals with Disabilities** Section 504 of the Rehabilitation Act of 1973, as amended, prohibits employment discrimination on the basis of disability in any program or activity which

services under such programs. Title IX of the Education Amendments of 1972

receives Federal financial assistance. Discrimination is prohibited in all aspects of employment against persons with disabilities who, with or without reasonable accommodation, can perform the essential functions of the job. If you believe you have been discriminated against in a program of any institution which receives Federal financial assistance, you should immediately contact the

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THE UNIFORMED SERVICES EMPLOYMENT AND REEMPLOYMENT RIGHTS ACT USERRA protects the job rights of individuals who voluntarily or involuntarily leave employment positions to undertake

YOUR RIGHTS UNDER USERRA

Federal agency providing such assistance.

military service or certain types of service in the National Disaster Medical System. USERRA also prohibits employers from discriminating against past and present members of the uniformed services, and applicants to the uniformed services. **HEALTH INSURANCE PROTECTION**

to elect to continue your existing employer-based health plan coverage for you and your dependents for up to 24 months while you ensure that your employer receives advance written or verbal in the military. Even if you don't elect to continue coverage during your military service, you have the right to be reinstated in your employer's

If you leave your job to perform military service, you have the right

health plan when you are reemployed, generally without any

waiting periods or exclusions (e.g., pre-existing condition

exclusions) except for service-connected illnesses or injuries. **ENFORCEMENT** The U.S. Department of Labor, Veterans Employment and Training Service (VETS) is authorized to investigate and resolve complaints and benefits you would have attained if you had not been absent due to

For assistance in filing a complaint, or for any other RIGHT TO BE FREE FROM DISCRIMINATION AND RETALIATION information on USERRA, contact VETS at 1-866-4-USA-DOL or visit its website at https://www.dol.gov/agencies/vets/. are obligated to serve in the An interactive online USERRA Advisor can be viewed at

https://webapps.dol.gov/elaws/vets/userra. If you file a complaint with VETS and VETS is unable to resolve it, you may request that your case be referred to the Department of Justice or the Office of Special Counsel, as applicable, for

The rights listed here may vary depending on the circumstances. The text of this notice was prepared by VETS, and may be viewed on the internet at this address: https://www.dol.gov/agencies/vets/programs/userra/poster Federal law requires employers to notify employees of their rights under USERRA,

and employers may meet this requirement by displaying the text of this

notice where they customarily place notices for employees. U.S. Department of Labor • 1-866-487-2365 U.S. Department of Justice Office of Special Counsel

REV. 05/2022



All workers have the right to:

in your workplace.

- A safe workplace. Raise a safety or health concern with your employer or OSHA, or report a workrelated injury or illness, without being
- retaliated against. Receive information and training on job hazards, including all hazardous substances
- Request a confidential OSHA inspection of your workplace if you believe there are unsafe or unhealthy conditions. You have the right to have a representative contact OSHA on your behalf.
- participate) in an OSHA inspection and speak in private to the inspector. • File a complaint with OSHA within 30 days (by phone, online or by mail) if you have been

retaliated against for using your rights.

See any OSHA citations issued to your

Participate (or have your representative)

employer. Request copies of your medical records, tests that measure hazards in the workplace, and

the workplace injury and illness log.

Contact OSHA. We can help.

This poster is available free from OSHA.

any benefit of employment You may also bypass the VETS process and bring a civil action against an employer for violations of USERRA.

of USERRA violations

Employer Support of the Guard and Reserve • 1-800-336-4590



Employers must: Provide employees a workplace free from recognized hazards. It is illegal to retaliate

and safety concern with you or with OSHA, or reporting a work-related injury or illness. Comply with all applicable OSHA standards. Notify OSHA within 8 hours of a workplace fatality or within 24 hours of any work-related

against an employee for using any of their

rights under the law, including raising a health

inpatient hospitalization, amputation, or loss of an eye.

Provide required training to all workers in a

language and vocabulary they can understand.

 Prominently display this poster in the workplace. Post OSHA citations at or near the place of

the alleged violations.

On-Site Consultation services are available to small and medium-sized employers, without citation or penalty, through OSHA-supported consultation programs in every state.





This poster is in compliance with federal and state posting requirements.

QR CODE Scan with phone camera: Go to: JJKeller.com/LLPverify ONLINE Enter this code: 69478-012026

1-800-321-OSHA (6742) • TTY 1-877-889-5627 • www.osha.gov To update your labor law posters contact

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